

## Letter to Parent/Guardian Explaining Requirements for School Meal Modification Requests

Dear Parent/Guardian:

Your child's school:

1. Will make meal modifications prescribed by a licensed physician to accommodate a disability.
2. Will make meal modifications prescribed by a medical authority due to a food allergy/intolerance or other medical condition that does not rise to the level of a disability.
3. Will make substitutions for fluid cow's milk due to a food allergy/intolerance or for other reasons.

The *Medical Statement for Disability- School Meal Modification (SD-1)* and *Medical Statement to Request School Meal Modification (SD-2)* forms are located in the D51 Meals page, section on Special dietary Needs. On the front of each form there are further instructions and information about the meal modifications that can be requested under federal regulations, and the procedures that apply to either an allergy that rises to the level of a disability (SD-1) or an allergy/intolerance that does not rise to the level of a disability (SD-2). Please read this information carefully before completing the appropriate form.

Only the types of meal modifications explained in the first paragraph of this letter are applicable to your child's school.

To ensure the requested meal modifications can be made on the first day of school, return the completed medical statement SD-1 or SD-2 forms (at district website, go to parents tab then meals page, under special dietary needs), 10 days before school starts each year to **Nursing Services**. For privacy purposes, the form can either be faxed to 245-0825 or mail to Hawthorne Building, ATT: Nursing Services, 410 Hill Ave. Grand Junction, CO 81501 or at student's school nurse or nurse's department. After review, the School Nurse (department) will communicate with D51 Food Services to post applicable information in the Point of Sale system to ensure staff are aware of the student's meal modification.

If you are submitting a request for meal modification at a time other than the beginning of the school year, it will take approximately 10 school days from the time the request is received until it can be implemented.

**IMPORTANT:** For a student who does not have a recognized disability, the only fluid cow's milk substitutions allowed by USDA are: (1) lactose-free fluid cow's milk (1% or skim) or (2) a non-dairy beverage with a nutrient profile equivalent to fluid cow's milk as specified in federal regulations.

If you have questions or need assistance, please call the Nursing Coordinator Tanya Marvin at (970) 254-5417 or Tanya.Marvin@d51schools.org.

Sincerely,

Dan Sharp  
D51 Food Services

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